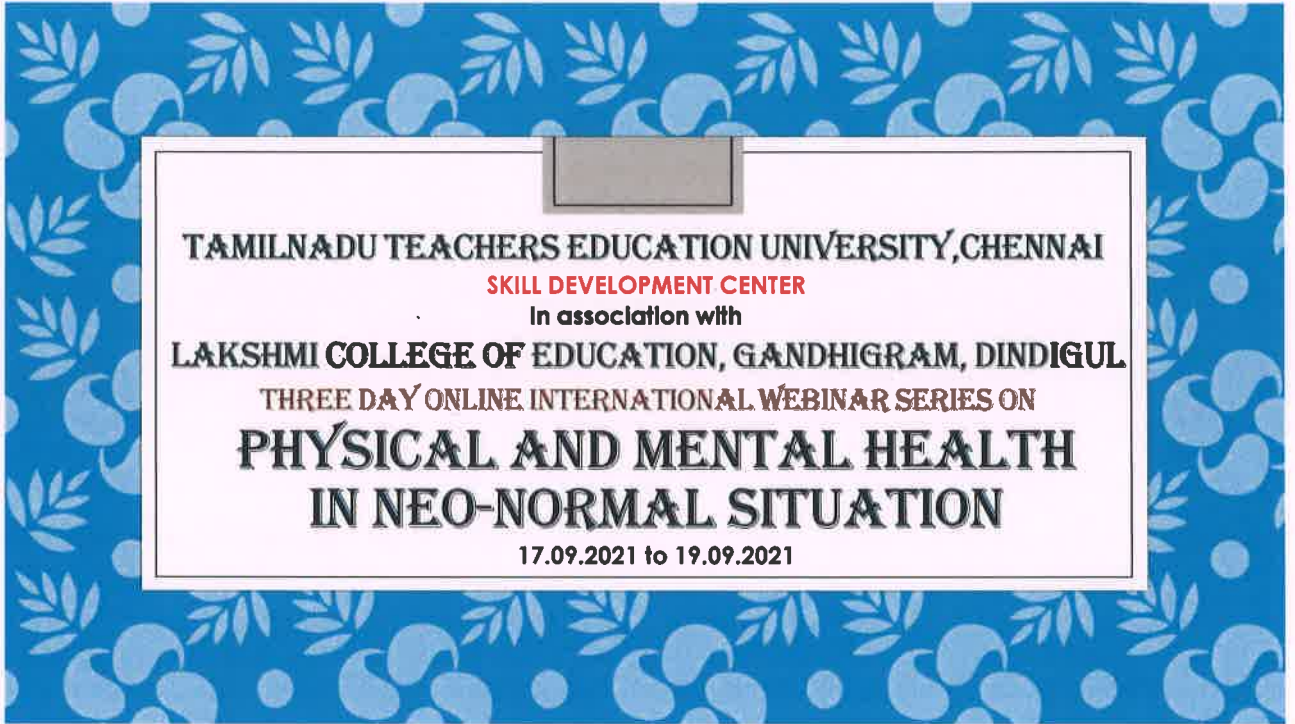


# PHYSICAL AND MENTAL HEALTH IN NEO-NORMAL SITUATION



**TAMILNADU TEACHERS EDUCATION UNIVERSITY, CHENNAI**  
**SKILL DEVELOPMENT CENTER**  
In association with  
**LAKSHMI COLLEGE OF EDUCATION, GANDHIGRAM, DINDIGUL**  
THREE DAY ONLINE INTERNATIONAL WEBINAR SERIES ON  
**PHYSICAL AND MENTAL HEALTH**  
**IN NEO-NORMAL SITUATION**  
17.09.2021 to 19.09.2021



**REGISTRAR**

TAMIL NADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097



**VICE-CHANCELLOR**

TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097.



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்

TAMILNADU TEACHERS EDUCATION UNIVERSITY

(Established under Tamil Nadu Act 33 of 2008)

Gengaiman Koll Street, Karapakkam, Chennai - 600 097.

E-mail: registrar@tneu.ac.in Website: www.tneu.ac.in

No. TNTEU/R/Estt/Teach/ SDC /2020/

Date: 16.09.2021

**Official Communication**

**Sub:** TNTEU - Dr.V.Sharmila, Assistant Professor & Coordinator - Skill Development Center, Department of Educational Technology - Permission granted to organize a Three Day International online seminar on "Physical and Mental Health in Neo-normal Situation" from 17.09.2021 to 19.09.2021 through online mode - Order issued - Reg.

**Ref:** 1.Requisition letter dated: 13.09.2021, Dr.V.Sharmila, Assistant Professor & Coordinator - Skill Development Center, Department of Educational Technology, TNTEU.

In the reference 1<sup>st</sup> cited, Dr.V.Sharmila, Assistant Professor & Coordinator - Skill Development Center, Department of Educational Technology has requested permission to organize a Three Day International online seminar on "Physical and Mental Health in Neo-normal Situation" from 17.09.2021 to 19.09.2021 through online mode.

Dr.V.Sharmila, Assistant Professor & Coordinator - Skill Development Center, Department of Educational Technology is permitted to organize a Three Day International online seminar on "Physical and Mental Health in Neo-normal Situation" from 17.09.2021 to 19.09.2021 without any financial commitment on the part of the University.

13/9/21  
Registrar i/c

To

Dr.V.Sharmila,  
Assistant Professor,  
Coordinator - Skill Development Center,  
Department of Educational Technology, TNTEU.

Copy to:

1. The Dean of faculty, TNTEU.
2. The Head of Department, Department of Educational Technology, TNTEU.
3. The Finance Officer, TNTEU.
4. PA to Vice Chancellor, TNTEU.

REGISTRAR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI-600 097



VICE-CHANCELLOR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097.

*(Handwritten signature)*



VICE-CHANCELLOR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097.

REGISTRAR

TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI-600 097

## List of Resource persons

1. Ms.Suchitrasrinivas  
Director, Innovative Teaching Strategist, LLc, New Jersey, USA
2. Dr.P.Srinivasan  
Professor &Head  
School of Education, Central University  
Tamil Nadu, India
3. Dr.M.Sureshkumar  
Assistant professor &Head, Dept. of Psychology  
The American college, Madurai
3. Dr.S.Amutha  
Assistant Professor  
Dept.of Educational Technology  
Bharathidasan University

## Report

The programme began at 4pm on 17<sup>th</sup> September 2021 through Google meet and the participants can also attend the programme through YouTube channel of 'Lakshmi College of Education'. Ms. T. Divya, I B.Ed, Lakshmi College of Education, started up with the Invocation to this programme. Dr. V. Sharmila, Assistant Professor, Co-ordinator, Skill development Centre, TNTEU, welcomed the gathering. Ms. Devendrakula Thirumagal, Assistant Professor, Lakshmi College of Education delivered a concept note of the webinar. Dr. F. Vincent Rajasekar, Assistant Professor, Lakshmi College of Education, introduced the Guest. Shri. K. Shivakumar, Secretary, Lakshmi College of Education and delivered presidential address. Dr. C. E. Jeyanthi, Assistant professor, TNTEU, who introduced the guest, prof. Dr. N. Panchanatham, Vice-Chancellor, TNTEU, who delivered Inaugural address. Dr. V. Balakrishnan, Registrar, TNTEU, gave his felicitation address for this programme. Then the first session was and Ms. M. Umamaheswari, Assistant professor, Lakshmi College of Education, introduced the resource person of this webinar.

REGISTRAR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAFAKKAM, CHENNAI-600 097



VICE-CHANCELLOR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAFAKKAM, CHENNAI - 600 097.

Ms.SuchitraSrinivas, Director, Innovative Teaching Strategist, LLC, New Jersey, USA, handled the first session. Her presentation was on 'Collaborative Methodology in teaching'. She made the session very interactive and effective.

Then the participants interacted with the resource person and clarified their doubts.

After that Ms. K. Dhanalakshmi, Associate professor, Lakshmi College of Education, delivered her gratitude to our resource person. The first day of the program was hosted by Ms. N. Priyadharshini , Research scholar, TNTEU.

Nearly 60 members participated in Google meet and in YouTube 123 members were participated actively after streaming.

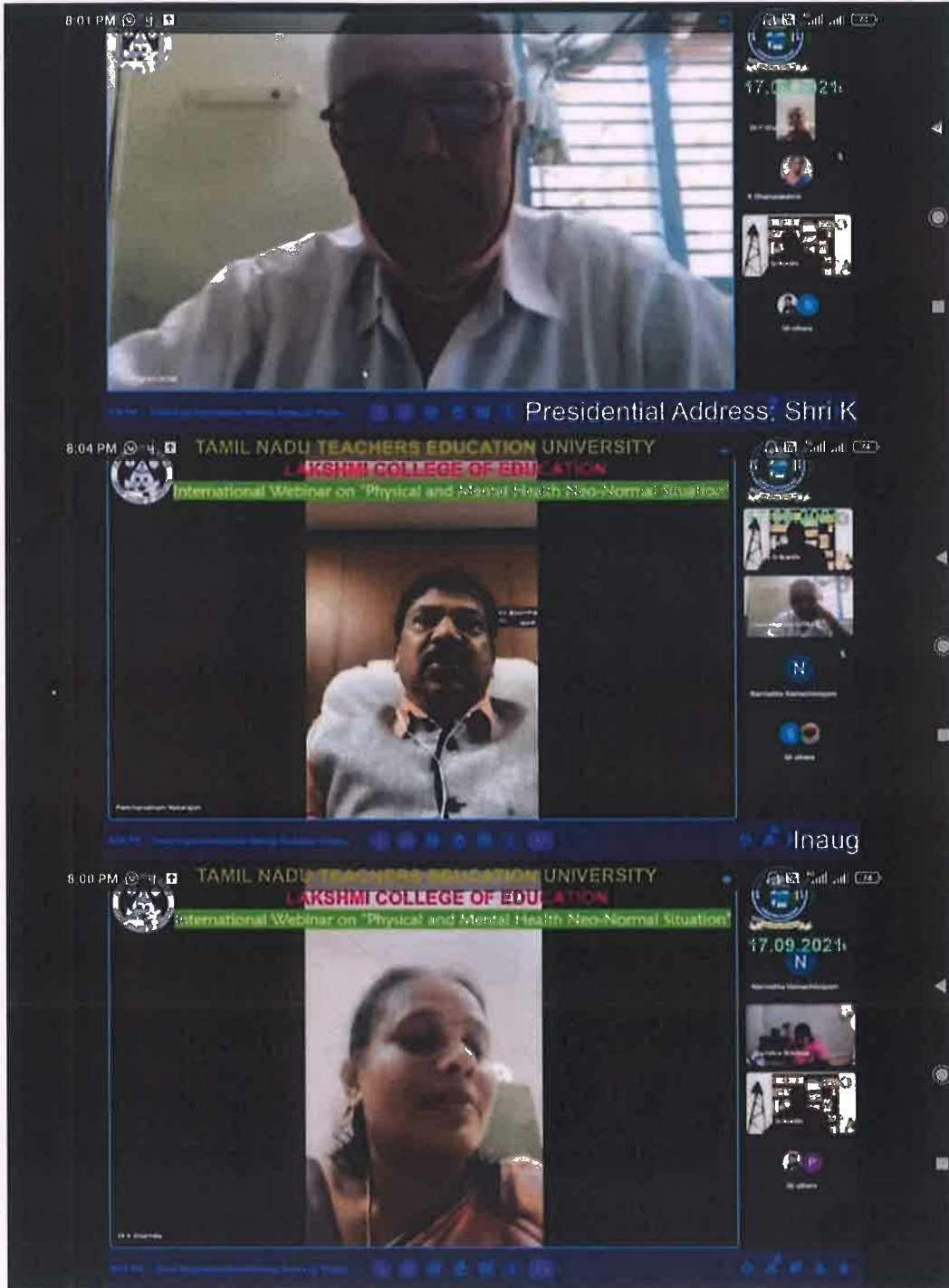
Google meet link: <https://meet.google.com/qth-xoac-nue>

YouTube link: <https://youtu.be/X3jZQmVmJBg>

  
REGISTRAR  
TAMIL NADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI-600 097.




  
VICE-CHANCELLOR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097.



  
**REGISTRAR**  
 TAMIL NADU TEACHERS EDUCATION UNIVERSITY  
 KARAPAKKAM, CHENNAI-600 097



  
**VICE-CHANCELLOR**  
 TAMILNADU TEACHERS EDUCATION UNIVERSITY  
 KARAPAKKAM, CHENNAI - 600 097.

**PHYSICAL AND MENTAL HEALTH IN NEO- NORMAL SITUATION (THREE DAY INTERNATIONAL ONLINE SEMINAR)**

**LIST OF PARTICIPANTS**

1	AARATHY A	aarathy.a.senthilvel@gmail.com
2	ABIRAMI L	abibleddy92@gmail.com
3	ADHIL AHAMED S	ahamedadhil25@gmail.com
4	AGILANDESWARI R	vbagula@gmail.com
5	ALEX CALEB S	alexcaleb1994@gmail.com
6	AMBICA R	saiambidev@gmail.com
7	ANIT AMINATHAP G	draminathap@gmail.com
8	ARIVAZHAGAN V	harry.tsunami@gmail.com
9	AZAZUL HAQUE	mdgrazazul@gmail.com
10	BHUVANESHWARI P	bhuviparamu1510@gmail.com
11	DEEPA P	deepakasthur@gmail.com
12	DEVI BALA S	dejan18288@gmail.com
13	GAYATHRI B	gayathribalu6@gmail.com
14	HEMA M	hemanarayan444444@gmail.com
15	HUMERA BANU Z	z.humera88@gmail.com
16	KALYANASUNDARANAR A	kalyanappu1@gmail.com
17	KAMALAKANNAN S	kamalakannan.sts@gmail.com
18	KRISHNAMURTHY M	marikrishnamurthy@gamil.com
19	MARAGATHAVALLI N	Maggibala.2020@gmail.com
20	MIRACLIN S F	miracline2906@gmail.com
21	MURALI E	elumalai murali80@gmail.com
22	NIRMALADEVI N	nn.msced@gmail.com
23	PANDIDURAI R	pandi201995@gmail.com
24	PRINCY B	Princysamuthira@gmail.com
25	PUGAZHENTHI K	Pugazh.gsk@gmail.com
26	RAJALAKSHMI K	seethakrishnan8@gmail.com
27	REVATHI N	revathin4894@gmail.com
28	SANGEETHA L	Sangeethalakshmanan1411@gmail.com
29	SANTHI S	sandhibalaji@gmail.com
30	SELVAKUMAR T	t.selvakumar.15.05@gmail.com
31	SENTHIL KUMAR L	senlak2012@gmail.com

32	SHARMILA K	sharmiprakash8785@gmail.com
33	SHIJINA E N	shijina1703@gmail.com
34	SONAI A	sonaimahaan@gmail.com
35	SORNALATHA T	sornalatha74@gmail.com
36	SRINIVASAN AMUL KUMAR P	stevepichai@yahoo.com
37	SRIPRIYA S	pri.kalaimagal@gmail.com
38	SUBRAMANIAN H	subramanianma94@gmail.com
39	SUGANTHI R	suganthi021@gmail.com
40	THIRUMAL G	thiruna1729@gmail.com
41	UDAYAKUMAR P	udayarmj@gmail.com
42	USHA K	aanand.gnc@gmail.com
43	VELU S	veluwelcome@gmail.com
44	VENNILA R	vennila17apr@gmail.com
45	VIGNESHWARI S	ammusoundar95@gmail.com